

About our Presenters

COVID-19: School Nurses Connecting with Students

Webinar: April 8, 2020



Robin Cogan, MEd, RN, NCSN
School Nurse



Kristin Lee, EdD, LICSW
Northeastern University Faculty



Adria Pavletic, MA, MN, RN, NCSN
School Nurse



Beth Tyson, MA
Family Therapist & Author

Beth Tyson is a psychotherapist, parenting coach, children’s author, and public speaker. As a master’s graduate in Counseling Psychology, Beth draws on her experience as a psychotherapist in the child welfare system to write articles and books that help children cope with their emotions. Her tender-hearted children’s book, [A Grandfamily for Sullivan](#), is about a scared, but brave koala who goes to live with his grandma when his parents are unable to keep him safe. She created the book to help children separated from their parents express and process their emotions when their whole world turns upside down. Sullivan’s story guides children through to the other side of uncertainty, trauma and loss by addressing BIG feelings head on. Beth is a dedicated child welfare advocate and a Court Appointed Special Advocate (CASA) in Delaware County, PA. She legally represents the

best interest of two young children in the foster care system. Beth is a Teaching Assistant at the graduate level in the Counseling Psychology Department at Eastern University and is a public speaker on mental health issues. When she's not on her soap box, you can find her keeping a historical record of the adorable and hilarious moments of her 4-year-old daughter's life.

Robin Cogan, MEd, RN, NCSN is a Nationally Certified School Nurse (NCSN), currently in her 19th year as a New Jersey school nurse in the Camden City School District. She serves on several national boards including The American Foundation for Firearm Injury Reduction in Medicine (AFFIRM), a gun violence prevention research non-profit organization and the National Board of Certification for School Nurses (NBCSN). Robin is the Legislative Chair for the New Jersey State School Nurses Association (NJSSNA). She is proud to be a Johnson & Johnson School Health Leadership Fellow and past Program Mentor. She has been recognized in her home state of New Jersey and nationally for her community-based initiative called "The Community Café: A Conversation That Matters." Robin is the honored recipient of multiple awards for her work in school nursing and population health. These awards include 2019 National Association of School Nurses (NASN) President's Award; 2018 NCSN School Nurse of the Year; 2017 Johnson & Johnson School Nurse of the Year; and the New Jersey Department of Health 2017 Population Health Hero Award. Robin serves as faculty in the School Nurse Certificate Program at Rutgers University-Camden School of Nursing, where she teaches the next generation of school nurses. She was presented the 2018 Rutgers University – Camden Chancellor's Teaching Excellence Award for Part-time Faculty. Robin writes a blog called The Relentless School Nurse. You can also follow her on Twitter at @Robin-Cogan.

Adria C. Pavletic, MA, MN, RN, NCSN is currently the Director of Health Services at St. Mark's School and before that she worked as a school nurse at the Hopkinton and Natick Public High Schools in Massachusetts. She has authored several articles related to how school nurses connect with students and school counselors, published in the Journal of School Nursing.

Kristin Lee, EdD, LICSW, known as “Dr. Kris”, is an internationally recognized, award-winning behavioral science professor, clinician and author from Boston, Massachusetts. As the Lead Faculty for Behavioral Science at Northeastern University, Dr. Kris’s clinical, research and teaching interests include individual and organizational well-being and resilience, particularly for marginalized and underserved populations. She is the author of *RESET: Make the Most of Your Stress*, Winner of the Next Generation Indie Book Awards Motivational Book of 2015, and *Mentalligence: A New Psychology of Thinking*. She is the host of Mentalligence Radio and a regular contributor for Thrive Global and Psychology Today. Dr. Kris’s work has been featured on NPR and CBS radio. Her [Ted talk](#), *The Risk You Must Take* has over 308k views. To learn more, connect with her at www.KristenLee.com and @TheRealDrKris.