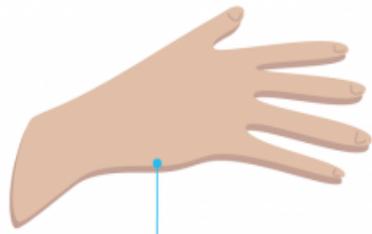
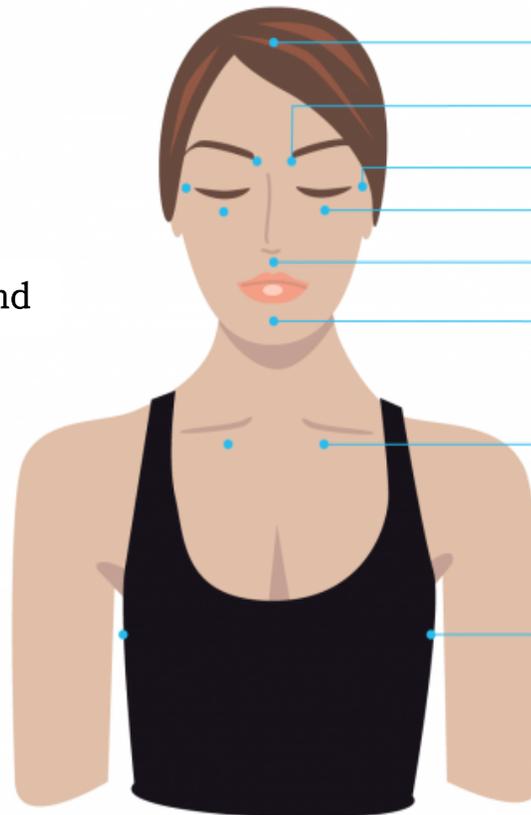


# EFT Tapping Points



SH: side of hand



TH: top of head

EB: eyebrow

SE: side of eye

UE: under eye

UN: under nose

CH: chin

CB: collarbone

UA: under arm