

COVID-19: Lesson Learned from School Nurses Teaching Health Virtually
Webinar: June 11, 2020

Presenter Biographical Sketches

Maureen Archambault, MEd, BSN, RN, NCSN, CNE, NCSN

Maureen is a school nurse and has provided direct care in the Framingham Public Schools in Massachusetts for the past 20 years. Prior to her school health career Maureen was a critical care nurse for over a decade and then she managed an emergency department for many years. Her education consists of being the first nursing class to graduate from the University of Massachusetts, in Boston, with a Bachelor's Degree in Nursing (BSN). She then went on to further her education and attended Cambridge College and received her Master's Degree in Education for School Nurse's. She is certified as a nurse educator from Framingham State University and received her National Certification for School Nurses. Maureen has been a member of MSNO, National Association of School Nurses, she chairs the Wellness Committee at her school, and is currently on the "back to school post COVID-19" planning task force for her district.



Courtney Boudrow, BSN, RN

Courtney is a Registered Nurse currently practicing at the Dr. John C. Page Elementary School, a PK-6 elementary school within the Pentucket Regional School District in West Newbury, Massachusetts. Her background in nursing includes labor and delivery, surgical services and school health. Courtney recognized the need for positive coping skills and social emotional learning for her students early in her school nursing practice. She embarked on a personal and professional journey to learn more about the mind/body connection to ease the negative stress and anxiety students, coworkers, parents, and even she, was facing. She incorporates her love of yoga, mindfulness and mind/body medicine into her professional practice. She teaches wellness lessons to elementary students as well as uses meditation and yoga practices to ease somatic symptoms in the Health Office. She has led staff professional development related to stress reduction and provides staff outreach on various wellness topics every week. Courtney is certified as a Stress Mastery Educator through the American Institute of Stress and Synergy Brain Fitness and is working toward her 95 Hour Registered Children's Yoga Teacher (RCTY) training and her Certified Health and Wellness Coach training through Wellcoaches.



Amy Dark, BA, RN, CSNT

Amy is a Certified School Nurse Teacher, Rhode Island Director to NASN, and Co-Chair of the New England School Nurse Conference in May, that was cancelled due to the COVID-19 pandemic. She is the full-time school nurse-teacher in a rural school district in northwestern RI. She is very enthusiastic about health education in elementary school and considers this a strong foundation for healthy lifelong habits. She draws upon many sources for her health curriculum and is looking forward to learning new techniques and approaches from colleagues during this webinar.



Donna Kaplan, MEd, BSN, RN

Donna graduated from Boston College, Massachusetts, with a BSN in 1981 and from Cambridge College, Boston, MA with a MEd in 2007. She worked at Norwood Hospital in various areas including med surg, telemetry, and ICU. She also worked at the Stoughton Visiting Nurses Association and then became a school nurse. Donna has been a school nurse working at the South Elementary School in Stoughton, Massachusetts for 25 years. She loves what she does and has a holistic approach to her nursing practice. Donna loves to teach and believes that educating students about their health and bodies will encourage lifelong health habits.



Annette Kendra BSN, RN, NCSN, CCAP

For the past 6 years Annette has worked as a nurse at the First Sergeant Kevin A. Dupont Memorial Middle School in Chicopee, Massachusetts. She received her BSN at Fitchburg State University in 1998. Annette received her National Certification for School Nurses in 2016. Her nursing experience includes acute cardiac care, pediatric/ adolescent acute care, and visiting/community nursing. Annette is also a Certified Clinical Aromatherapist through R.J. Buckle Associates LLC. She is passionate and advocates for the health and wellness of adolescents. Annette had previously co-facilitated psychoeducational eating disorder support groups for young women ages 13-19 and is the author of the book *Group:Voices Within the Journey of Eating Disorder Recovery*, based on these groups.



Elaine Kusiak, BSN, RN

Elaine is a School Nurse at 1st Sergeant Kevin A. Dupont Memorial Middle School in Chicopee, Massachusetts. Elaine received her Associates of Science in Nursing in 2009 from Springfield Technical Community College and her Bachelor of Science in Nursing in 2014 from the University of Massachusetts through their RN-BSN fast track online program. In her 11 years as an RN, Elaine has worked in Geriatrics, Acute and Chronic Hemodialysis, Homecare, Wound Care, and lastly, in School Nursing.



Bill Marrapese, RN, MSN

Bill has served as the School Nurse of the Greenfield Commonwealth Virtual School (GCVS), a public school of choice in Massachusetts, since January 2017. GCVS has approximately 750 students across more than 170 towns in Massachusetts, and is a pioneer for personalized learning across grades, K-12. Prior to joining GCVS, Bill practiced hospital-based nursing for 9 years, and worked extensively with school age children, with a focus on preventive care and health education. Bill is known for his strategic sense and an ability to forge strong partnerships among staff teams, parents and medical providers. He earned his BA in Psychology from Rhode Island College, his RN from Bristol Community College, and his MSN in Nursing, with a concentration in Education and Leadership; from Walden University. He lives in South Deerfield, Massachusetts with his family, in their deep energy retrofitted ranch.



Carol Stein-Payne, BA, RN, NCSN

Carol is a school nurse in the Williamstown School District in Massachusetts and a nationally certified school nurse. She has a BA in philosophy and studied in India before deciding to serve humanity as a nurse and earning her Associates Degree. Carol has been very fortunate in her career to have had amazing professional experiences and continuing education. Before working as a school nurse, Carol worked for many years in labor and delivery, and has continued to do so on weekends and summers during her time as a school nurse. Carol is pleased to care for numerous children at Williamstown Elementary who she also cared for as newborns in the birthing suite at her local hospital.



Karen Schwind, BSN, RN, NCSN

Karen has worked as the Health Services Coordinator for the New Braunfels Independent School District in New Braunfels, Texas, since 2004. From 1996-2004, she was an elementary school nurse in New Braunfels ISD. Prior to school nursing, Karen worked in critical care, cardiac rehabilitation and occupational health settings. She is President-Elect for the Texas School Nurse Organization and a nationally certified school nurse. Karen received her degrees from the Toledo Hospital School of Nursing in Toledo, Ohio in 1980 and Bowling Green State University, Bowling Green, Ohio in 1985. Karen’s vision is to provide opportunities within the community to improve health and wellness and to educate the Child to protect and care for themselves and their environment.

