

## 5<sup>th</sup> Annual Voting Day Conference 2020

### How are the students doing?

### Physical and Mental Health Challenges & Strategies during the COVID-19 Pandemic

#### Bio Sketches

##### **Jetta Bernier**

Ms. Bernier is Executive Director of MassKids, a 60-year-old statewide, child advocacy organization where she directs Enough Abuse, a community mobilization and citizen education initiative on child sexual abuse developed under a 5-year grant from the federal CDC and now adopted in 8 states. She is a developer of several prevention education tools including: *"Enough! Preventing Child Sexual Abuse in My School,"* a 1-hour, evidence-informed e-learning course, and *"Pledge to Prevent™,"* an online action campaign to educate and engage citizens to take specific actions to prevent child sexual abuse. She authored *"Sexual Abuse Safe Child Standards,"* a policy guide for schools and youth organizations and has organized three New England conferences on child sexual abuse prevention for these audiences. She co-chairs the Policy Committee of the National Coalition to Prevent Child Sexual Abuse and Exploitation, and provides highly evaluated trainings across the country for child and family-serving professionals. In early 2020, Jetta trained over 200 school nurse managers in the North East and Boston/MetroWest regions.

##### **Barbara DiGirolamo, MEd, CPSTI**

Ms. DiGirolamo is the Injury Prevention Coordinator at Boston Children's Hospital. In this role, she serves as the MA State Chapter Director and Vice Chair of the State Chapter Directors Board for the ThinkFirst program. She is also a Child Passenger Safety Technician and Instructor where she coordinates car and booster seat education and installations through inpatient programming and community events, as well as teaches CPST certification classes in MA and RI. When away from these duties, she practices injury prevention on a daily basis at home with her seven, five and two year old children.

##### **John Kriger**

Mr. Kriger is a national and internationally recognized keynote and content expert speaker, author and consultant. Specializing in team performance and organizational health, he speaks and consults on Regaining Equilibrium disrupted by stress, Team Performance and Tech Dependence. He has worked with well over 1000 organizations and 300,000 individuals nationally and internationally. Mr. Kriger is a 13-year faculty member at the Johnson & Johnson and Rutgers School Health Leadership Institute, and a 25+ year faculty at the Rutgers Center for Alcohol Studies, and School Of Social Work Office of Continuing Education, consistently evaluated in the top 5% and a former Visiting Professor at Beijing Normal University in Beijing, China. He is the author of, *The Pond: A Small Book About Making Big Changes*, which was a required reading for the Johnson and Johnson School Health Leadership Institute. His second book, *Turned On & Tuned Out*, is a guide to understanding and managing technology dependence. His third book is currently in process and deals with impact of technology on mental health issues, violence, suicide, trafficking and predatory behavior.

He holds a Bachelors of Science Degree in Human Services, a Masters of Science Degree in Management and is a NJ Licensed Clinical Alcoholism and Drug Abuse Counselor, a Nationally Certified Prevention Specialist and a New Jersey State Police trained Sexual Abuse Specialist.

**Maria F. McMahon, MSN, RN, cPNP-AC, CPST, TCRN**

Ms. McMahon has worked in different facets of Trauma, Surgery and Critical Care for the last 30 years. As the Trauma Center Manager and an Acute Care certified Pediatric Nurse Practitioner, she works on a daily basis with the Trauma team, clinical staff and multidisciplinary service staff throughout Boston Children's Hospital, to ensure current evidenced based practice information and education is available to better care for the injured child. In addition, Ms. McMahon provides education to other health care providers, to include EMS personnel and clinical staff caring for the pediatric trauma patient across the continuum in the community. She has an active role in the delivery of injury prevention education and is a child with special needs certified Child Passenger Safety Technician (CPST). Ms. McMahon is an active member of the Pediatric Trauma Society (PTS), the Injury Free Coalition for Kids (IFCK) and is currently President for the Society of Trauma Nurses (STN).

**April Megginson, PhD**

Dr. Megginson has spent over 20 years working in education. Most of her experience has been working in diverse public K-12 schools as a Title I Guided reading specialist, high school counselor, and middle school counselor. She earned her PhD in Counselor Education at University of Wyoming in 2016. Currently, Dr. Megginson works as an Assistant Professor at Bridgewater State University in the Counselor Education department. She also serves as the Program Director for the School Counseling MEd program. As part of her scholarship activities, she has presented at state, regional, national, and international conferences. Her research and scholarship areas of interest include assisting school counselors in implementing a comprehensive data-driven school counseling program; working with and advocating for LGBTQ youth, utilizing play therapy and expressive arts therapy in schools, and creating engaging learning opportunities via technology for college students.

**Diane Sartanowicz, MS, LAT, ATC**

Ms. Sartanowicz is the Director of the Massachusetts Concussion Management Coalition (MCMC). She is responsible for overseeing the creation of concussion education and management at the state level while collaborating with key stakeholders in the Commonwealth to provide the tools and resources necessary for all schools to be successful when it comes to concussions and how to manage them. Diane has been in the Athletic Training profession since 1991, receiving her Bachelor's Degree from the University of Rhode Island and her Master's Degree from Indiana State University. She has been involved in various volunteer opportunities of the profession at the state, district and national levels. She was President of the Athletic Trainers of Massachusetts (ATOM) from 2006-2008, Past-President of Eastern Athletic Trainers' Association (EATA) from 2011-2012, District One Treasurer from 2014-2018 and is currently the NATA District One Director. She volunteers her time on the medical staff of the Boston Marathon as well as for the Bay State Summer Games. She previously served as the Medical Coordinator for 10 years for the Bay State Games. Diane was inducted into the Bay State Games Hall of Fame in 2006 and was the recipient of the NATA Athletic Training Service Award in 2007. In 2014, Diane had the distinct honor to give the James L. Thornton Keynote Address for the student program of the EATA.