



NEUSHA Virtual Summer Academy 2021

It Only Took a Pandemic...

Bio Sketches

Martha Dewey Bergren, DNS RN NCSN PHNA-BC FNASN FASHA FAAN

Dr. Martha Dewey Bergren was the Director of Health Systems Leadership and Advanced Population Health Nursing at the University of Illinois-Chicago School of Nursing until August 2020. She served four years as the National Association of School Nurses' first Director of Research and four years as Lead Faculty for the Rutgers University Johnson & Johnson School Health Leadership Program. Dr. Bergren worked as an acute care nurse at four tertiary Children's hospitals and as a school nurse in early childhood special education and in public and private middle and high schools. In September of 2020, Dr. Bergren was named the Executive Editor of the Journal of School Nursing. Her career is devoted to demonstrating that school healthcare, healthy school environments, and a healthy school culture are the most cost effective and prudent investments in school-aged children.

Westyn Branch-Elliman, MD, MMSc

Westyn is an Assistant Professor of Medicine at Harvard Medical School and a specialist in infectious diseases and infection prevention. She is formerly the Medical Director of Infection Control for the Eastern Colorado VA Healthcare System. She is a clinician investigator at the VA Center for Healthcare Organization and Implementation Research with expertise in epidemiology and implementation science. Her research is focused on measuring the risks and benefits of different infection prevention strategies and on expanding infection control beyond traditional inpatient settings.

Sheila Caldwell, RN, BSN, CSN-NJ

Sheila is a New Jersey School Nurse. Sheila currently holds a position as Community Discussion Monitor for the National Association of School Nurses, a position she has held since April 2012. Sheila is a Johnson & Johnson School Health Leadership Program Fellow, and has presented at the local, state and national level and held a number of leadership positions within school nursing. Just this year Sheila will be working with National Education Association (NEA) as the first Specialized Instructional Support Personnel (SISP) Fellow during the 2021-2022 school year. Sheila, also, received a NASN Recognition Award for all her years of service and contribution to the profession of school nursing.

Robin Cogan MEd, RN, NCSN

Robin is a Nationally Certified School Nurse (NCSN), currently in her 20th year as a New Jersey school nurse in the Camden City School District. Robin is the Legislative Co-chair for the New Jersey State School Nurses Association (NJSSNA). Robin serves as faculty in the School Nurse Certificate Program at Rutgers University-Camden School of Nursing, where she teaches the next generation of school nurses. Robin writes a weekly



blog called *The Relentless School Nurse*. She also has a monthly column in *American Nurse*, the official journal of the American Nurses Association (ANA). Robin was recently quoted in the *New York Times* and interviewed on CNN. You can follow Robin on Twitter at @RobinCogan.

Laurie G. Combe, MN, RN, NCSN

Laurie G. Combe, Immediate Past-President of the National Association of School Nurses, is a nationally certified school nurse, having earned both bachelors and masters degrees from Louisiana State University Medical Center. With 45 years as a registered nurse, Laurie has experience in adolescent psychiatry, nursing education and home health hospice. In her 28 years as a school nurse, Laurie found her passion in working with students and families, building trust that serves to support student health and learning. A guiding value of Laurie's work is the pursuit of equity for individual students, as well as underserved populations and communities. Laurie currently serves as Consultant for School Nursing & School Health, serving the Texas Region 4 Educational Service Center.

Caroline Cranos, MPH, NCTTP

Caroline Cranos is the director of the UMass Medical School's Tobacco Treatment Specialist training program at the Center for Tobacco Treatment Research and Training. She is also the manager of the MA Department of Public Health program working to promote provider referrals to the Quitline. Her previous experience includes advocating for smoke-free restaurants and workplaces and promoting tobacco use disorder treatment for the City of Cambridge Health Department and acting as coordinator for the Multi-State Collaborative for Health Systems Change, a collaborative of organizations and individuals working to support changes in healthcare systems to reduce tobacco use. Her research experience has focused on methods to provide patient education and encourage preventive care. When she is not working Caroline enjoys reading, tap dancing, and playing guitar.

Melissa Cyr, PhD, NP

Dr. Melissa Cyr is a fellowship-trained, double-board certified dermatology nurse practitioner at Dermatology and Skin Health, a private practice serving Boston's North Shore and Southern New Hampshire. She received her PhD and Adult Nurse Practitioner degrees from Northeastern University, where her dissertation focused on applying a systems science approach to understand and improve access to dermatology care in rural Maine. She is dedicated to treating medical and surgical dermatology patients across the lifespan and training the next generation of dermatology clinicians.

Laura Dudley, PhD, BCBA-D, LABA

Laura Dudley is an Associate Clinical Professor and Associate Chair of the Applied Psychology Department in Bouvé College of Health Sciences at Northeastern University. She is a Doctoral-level Board Certified Behavior Analyst (BCBA-D) and licensed Applied Behavior Analyst (LABA) with more than 20 years of clinical and research experience in the field of applied behavior analysis. Dr. Dudley has expertise in designing, developing, implementing, and monitoring quality educational programs for children with autism and related



disabilities. She co-created the Autism Curriculum Encyclopedia®, a world-renowned online educational curriculum for individuals with autism that currently serves thousands of children with autism around the globe. Dr. Dudley's research currently focuses on the application of behavioral science to measure and treat physiological symptoms of stress and anxiety. She is trained in Mindfulness-Based Stress Reduction (MBSR) and is a registered yoga teacher (RYT 200) and meditation instructor who leads the Minor in Mindfulness Studies program at Northeastern. Dr. Dudley speaks at national conferences on topics focusing on the application of behavioral science to human behavior.

Elizabeth Dugas, BSN, RN

Elizabeth "Liz" Dugas has been at Sizer School in Fitchburg MA, since 2019, serving as the Nurse Leader beginning in the 2019-2020 school year. Originally of Ashburnham Ma, Liz graduated with high honors from Oakmont Regional High School. Liz achieved her Bachelors in Nursing at Worcester State University in 2018, serving as an academic tutor for fellow nursing students and as a student representative on a National Organization for Mental Health. Liz worked for a year at a residential treatment school for psychiatrically complex adolescents as a nurse case manager, specializing in LGBTQIA+ students. Following that, Liz worked as the charge nurse for a dual diagnosis unit to Westborough Behavioral Hospital. She is currently going back for her Masters at Worcester State in Community and Public Health Nursing in order to continue her work to increase the visibility and importance of nursing in public and political life. She believes deeply in the care of the whole person and knows that no problem is too small to be addressed! She values the interdisciplinary team of students, families, teachers, administration and nurses in a school setting. Healthy students learn best. When not at work, Liz enjoys exploring ruins of coastal forts in Maine, playing video games and Dungeons and Dragons. She currently lives in Ware with her fiancée and two cats, Willow and Lily.

Susan Hassmiller, RN, PhD, FAAN

Susan B. Hassmiller is serving as the Senior Scholar-In-Residence and Senior Adviser to the President on Nursing at the National Academy of Medicine from January 2019 through August 2021. In this role, she serves as a key member of the leadership team for the report, *The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity*, set for release in May 2021. She is also the Robert Wood Johnson Foundation Senior Adviser for Nursing, and in partnership with AARP, she directs the Foundation's *Future of Nursing: Campaign for Action*. This national initiative advances the recommendations of the Institute of Medicine report, *The Future of Nursing: Leading Change, Advancing Health*. Hassmiller served as the report's study director. Hassmiller has worked in public health settings at the local, state and national levels, including the Health Resources and Services Administration. She taught community health nursing at the University of Nebraska and George Mason University. Hassmiller is an elected member of the National Academy of Medicine, a fellow in the American Academy of Nursing and sits on other advisory committees and boards, including the Hackensack Meridian Health System, UnitedHealth, Carrier Clinic, NursesEverywhere, and the American Red Cross. She is the recipient of many awards and four honorary doctorates, but most notably the Florence Nightingale Medal, the highest international honor given to a nurse by the International Committee of the Red Cross.



Amy Hotler, DNP, RN, LSN

Dr. Amy Hotler has been a Registered Nurse in Columbus, Ohio for over 40 years. She has worked as a Licensed School Nurse in Columbus City Schools for 29 years, and as a Supervisor of Health, Family and Community Services for the district for the last seven. She retired from School Nursing at the end of this School Year. Dr. Hotler has a passion for mentorship and received her Doctor of Nursing Practice in 2017 from Otterbein University in Westerville, Ohio, with a focus on mentoring. Her DNP Final Scholarly Project was implementation of an educational program on communication for the School Nurse Mentor. The program resulted in an increase in confidence of nurses taking the course. Dr. Hotler implemented a School Nurse Mentorship program in Columbus City Schools in 2016. As of this date, 7 Licensed School Nurses, in the role of mentor, have served approximately 50 nurses new to School Health. Dr. Hotler is currently working at Otterbein as adjunct faculty, mentoring DNP students as they implement their own evidence-based projects.

Kathleen Johnson, DNP, RN, NCSN-E, PHNA-BC, FNASN

Kathleen has over 25 years of nursing experience including nearly 20 in a variety of school nursing roles at the local, state and national level. She has a doctorate in Community Health Systems Nursing and is nationally board certified in both school nursing and advanced practice public health nursing. She has worked as a school nurse providing direct care to students in low income schools, as Interim the State School Nurse Consultant at the Office of the Superintendent of Public Instruction advising the Superintendent on school health policy and care delivery issues, and as Health Services Manager of the largest school district in Washington State supervising 90 nurses in the delivery of care to 54,000 students in an diverse, urban setting and managing the delivery of that care in over 100 programs. She has received multiple honors recognizing her contributions to school nursing including March of Dimes Distinguished Nurse of the Year, National Board-Certified School Nurse of the Year, School Nurse Administrator of the Year, and as a Fellow in the Johnson & Johnson School Health Leadership Program, Robert Wood Johnson Executive Nurse Fellow, the National Academy of School Nurses and the National Academy of Nursing. As a Robert Wood Johnson Executive Nurse Fellow, Dr. Johnson conducted interviews with a national sample of school health program managers and observations of school health services models to clarify factors that support leadership, professional development, staffing, evidence-based practice, and structural empowerment. She taught school nursing for undergraduate students and population health systems for DNP students at the University of Washington. Dr. Johnson is a founding member of both the NASN *National School Health Data Set: Every Student Counts!* and the *Center for School Health Innovation and Quality*. Her work also includes collaborative research on care coordination and service model delivery in K-12 schools. Her passion is to build equitable systems of care for communities and particularly in our nation's schools.

Debra Keefe, MEd, BSN, RN, NCSN

Debra has been working as a full-time School Nurse in Belchertown Public Schools (BPS) for over 21 years with 18 years full-time nurse at the BPS High School with 700 students. Her current position is Care Coordinator Attendance Nurse in the School District focusing on outreach to families, home visits, connecting students to

health providers and to school via hot spot installations, improving student attendance at school, and collaborating with the school student assistance team. In this position, Ms. Keefe continues as a member of the BPS school nursing team. Debra earned a Master's Degree in Education at Cambridge College with her master's project focused on concussion baseline testing for all BPS high school students. Prior to school health, she worked in a variety of settings including ICU, medical-surgical units, and local pediatric offices.

Dr. Kristen Lee, Ed.D., LICSW

Dr. Kristen Lee, known as “Dr. Kris”, is an internationally recognized, award-winning behavioral science professor, clinician and author from Boston, Massachusetts. As the Lead Faculty for Behavioral Science at Northeastern University, Dr. Kris's clinical, research and teaching interests include individual and organizational well-being and resilience, particularly for marginalized and underserved populations. She is the author of *RESET: Make the Most of Your Stress*, Winner of the Next Generation Indie Book Awards Motivational Book of 2015, and *Mentalligence: A New Psychology of Thinking*. She is the host of Mentalligence Radio and a regular contributor for Thrive Global and Psychology Today. Dr. Kris's work has been featured on NPR and CBS radio. Her Ted talk, *The Risk You Must Take* has over 308k views.

To learn more, connect with her at www.KristenLee.com and @TheRealDrKris.

Cathy Meuret, MAEd, BSN, RN

Cathy serves as the Director of nursing services and administrator of Washington State School Nurse Corps and School Nurse Case Management Programs for North Central Educational Service District in Wenatchee, Washington. Cathy has over 35 years of nursing experience in acute care, public health and school nursing specialties, including direct services, educational management and instructional design. In her current role, she provides consultative and technical health services support to school nurses and school administrators in North Central Washington and support for regional and state-wide student health initiatives. Cathy is a member of National Association of School Nurses (NASN) and School Nurse Organization of Washington (SNOW), serving on the SNOW Board of Directors and as a committee lead. She is also a member of the Washington State Public Health Association and American Public Health Association. Cathy serves as a representative of the education sector and as an advocate for student health on the Board of Directors and the Executive Board of North Central Accountable Community of Health. She holds a Bachelor of Science in Nursing from Graceland University, Lamoni, IA, a Masters of Arts in Education from University of Phoenix, and Washington State certification as a school nurse.

She has co-authored works on school nurse case management, including *Care Coordination: A Principle of 21st Century School Nursing Practice With a Focus on Case Management* (NASN School Nurse, 2020) and *A Model for School Nurse-led Case Management Manual* (NASN, 2021).

Cathy has been recognized with a North Central Washington Nurse of the Year for Excellence in Teaching award, a NurseWeek Excellence Award Nominee for Teaching, and a regional Friend of Children Award. She promotes and practices collaborative teamwork when addressing student health services and school nurse practice quality improvement efforts.



Anne Marie Mingoelli, DNP, PMHNP-BC, APRN-BC, RN

Anne Marie Mingoelli, is a Nurse Practitioner certified to provide psychiatric services to children, adolescents, and adults. She received her MSN and NP certification in Adult Primary Care Medicine from Simmons College and her CAGS and NP certification in Family Psychiatric Medicine from Northeastern University. She also received her Doctor of Nursing Practice degree from Northeastern University. Dr. Mingoelli has worked in the mental health field for many years, providing both psychopharmacological services and therapy for a variety of psychiatric illnesses. In addition, she has participated in clinical trials for new drug investigations. Prior to her work in this area, she provided both primary care and occupational medical care to adolescents and adults in the hospital, urgent care, and clinic settings. Additionally, she has worked as a certified school nurse for over fifteen years, attaining an educational licensure and gaining extensive experience in the educational setting, including the field of special education.

Lisa Patch, MSN, RN, NCSN

Lisa has been the Executive Director of Health Services for the Alamogordo Public Schools for 22 years. Her role includes oversight of the nursing department, counseling department and community schools. Her Bachelor's degree in Community Health Sciences as well as her master's degree in Nursing has been advantageous in recognizing and addressing public health concerns. She was instrumental in passing state legislation on allowing stock emergency medications in the schools to include epinephrine and albuterol for the state of New Mexico. Lisa has served on the National Association of School Nurses Board of Directors 2016-2020, served as the New Mexico School Nurses Association President 2012-2014, served as the Otero County Community Health Council President 2013-2014 as well as many other local boards. She has received the honor of being selected as the New Mexico School Nurse Administrator of the Year 2014 and presented at many conferences. Since the Covid Pandemic, the school nurse's mobile unit named Flo, short for Florence Nightingale has kept her busy. Flo was purchased to get the nurses wherever the students may need them.

Stacey Schakel, MSN, Med, CAGS, RN, NCSN

Stacey Schakel is a registered nurse who has 23 years of school nurse experience. She is currently the District Covid Health Coordinator for Mashpee Public Schools and prior to this school year has been an elementary school nurse and District Nurse coordinator for many years. She has a master's in education in school nursing from Cambridge College, a master's in nursing from Graceland University, and her certificate of advanced graduate studies in educational leadership from Bridgewater State University. Her areas of expertise and passions include pediatric care, health prevention, and education, and leadership. Given these interests, she has served as a school nurse mentor for many new and aspiring nurses and school nurses. She and a former colleague developed a Mentor Handbook which she will share with you to use and update to reflect your school and district needs. She also has a school therapy dog, Cassie.