

Bosses, Leaders, and Builders		
Bosses	Leaders	Builders
Focus on tasks: <i>What do we want to do?</i>	Focus on processes: <i>Where do we want to go?</i>	Focus on values: <i>Who are we?</i> <i>What do we believe?</i>
Arrange	Inspire	Engage
Do	Delegate	Enlist
Control	Influence	Empower
Maintain	Improve	Transform
Make declarations	Answer questions	Ask questions
Order	Debate	Speculate
Coerce	Coach	Co-create
Set tasks	Pursue outcomes	Achieve goals
Focus on what is	Focus on what will be	Focus on what could be
Remediate	Intervene	Prevent
React	Respond	Anticipate
Command	Ask	Invite
Use people	Develop people	Build people

Source: Adapted from *The Builder's Manual* (p. 23), by R. R. Jackson, 2019, Washington, DC: Mindsteps Inc. Copyright 2019 by R. R. Jackson.

# GETTING THE MESSAGE OUT FROM THE FRONTLINE!

Part 2

You Can Expose Yourself... I Do!

Sheila Caldwell, BSN, RN, CSN-NJ

[smsmwell@gmail.com](mailto:smsmwell@gmail.com)

Twitter - @SCaldwell7201





Scene from the March on Washington for Jobs and Freedom, August 28, 1963.

Paul Schutzer The LIFE Picture Collection/Shutterstock



Image from live news footage - October 18, 1975, Trenton, used in 1999 "The Hurricane" movie







# SCHOOL NURSE

Sheila Caldwell, the nurse

the school board's decision to terminate her contract right before she received tenure.

COYOTE

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# Johnson & Johnson School Health Leadership Program



July 12-17, 2009



Sheila Caldwell

School Information:

Students:

Principal:



Home Address:

## Career History:

Sheila has been a nurse since 1983; she recently completed the Graduate School Nursing Certification Program from NJCU. She has an array of nursing experiences including medical/surgical nursing, critical care nursing, and case management nursing. Sheila is also an American Heart Association BLS Instructor. She has worked as a school nurse for the past 4 years and has become a needed asset to the school nursing community.

## Special Interests/Family:

Sheila finds time to volunteer in her home community as a mentor. Sheila, along with her husband, volunteers with many of the recreational programs in their community. She enjoys photography and videography especially of the various sporting events that her children participate in. Sheila also helps manage a religion-based community website with a local pastor.

## Major School Nurse Challenges:

- Having students understand the importance of health knowledge and good health care.
- Engaging students, teachers, parents, and community partners to see the entire school community in a holistic manner (physically, mentally, emotionally, academically, etc).
- Deciding appropriate measures to address childhood obesity issues.

# RUTGERS

Education and Training Division  
Center of Alcohol Studies  
Rutgers, The State University of New Jersey

732-445-4317  
Fax: 732-445-3500

July 21, 2010

Dear Johnson & Johnson School Nurse Fellow:  
Hope all's going well with you.

As promised, enclosed please find a copy of the DRAFT concept paper for the redesign of the Johnson & Johnson School Health Leadership Program. I hope that you'll take this opportunity to review and comment on the proposed redesign of the program. A few questions (e.g., strengths, weaknesses, challenges) on the redesigned program have been put on a questionnaire on Survey Monkey. To respond, please go to the link <http://www.surveymonkey.com/s/GGYKVLS>. I'm looking forward to reading your comments on the redesigned plan.





I would like to inform you that I am now the monitor of the SCHLRN-L list.

I am Sheila Caldwell, RN, BSN, CSN. I have been working as a school nurse in New Jersey for the past 8 years. I am a member of the Monmouth County School Nurses Association, New Jersey State School Nurses Association and NASN. I enjoy reading and mostly researching information related to school nursing, children and health. I am very active on the New Jersey school nursing listserv and provide a wealth of information to the school nurses of my state and hope to expand my love of school nursing knowledge to you.

I thank NASN for giving me this opportunity to continue the 3<sup>rd</sup> oldest nursing discussion list that was the brainchild of Dr. Martha Dewey-Bergren, DNS, RN, NCSN, FNASN, FASHA in 1994. Martha has truly been an inspiration to me. I have admired her professionalism and expertise when it comes to school nursing. I hope that I can perform the role of monitor as well as she had.

*Martha, you will truly be missed by all of the members of this listserv and beyond. Your vision to breakdown the isolation factor for school nurses is very much appreciated and I hope to continue the goals set forth for this listserv:*

1. To promote networking among school nurse professionals.
2. To assist in the dissemination of research and technological advancements that would enhance the delivery of care to the student population.
3. To provide a forum for the discussion of legislation, policy, and regulatory issues which affect school nurse practice.
4. To support school nurses working in isolated educational settings with resources and information.
5. To disseminate information about continuing education opportunities, grants, advanced practice, and professional organizations. (<http://www.nasn.org/MemberCenter/DiscussionLists/SCHLRNL>)

*Thank you*

**Please move forward with me in continuing this professional platform of communication regarding the profession of school nursing and upholding the mission of the National Association of School Nurses to advance the specialty practice of school nursing by improving the health and academic success of all students.**

Sheila Caldwell, RN, BSN, CSN  
[smsmwell@aol.com](mailto:smsmwell@aol.com)  
NJ

## THE CAMPAIGN FOR NURSING'S FUTURE

Johnson & Johnson



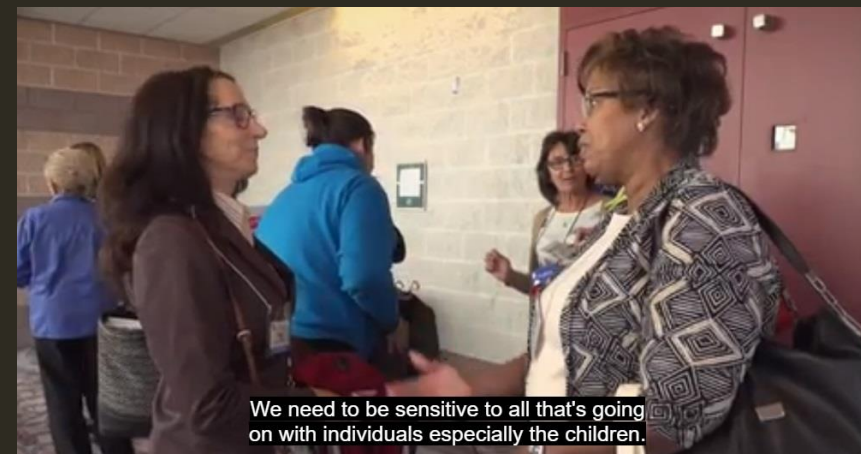
[A Day in the Life - Sheila \(School Nurse\) - YouTube](#)













## JJSHLP "School Nurse of the Year" also receives NASN "Recognition Award"

**Sheila Caldwell, BSN, RN, NJ-CSN** was truly deserving of the two awards at #NASN2016. President of NASN, Beth Matthey said it all "Sheila Caldwell is a huge contributor to the profession of school nursing". As monitor of NASN's two school nursing communities (All Members and SCHLRN-L) with the largest membership and interactions. She provides trending school health information, provides answers to inquiries, engages school nurses in evidence-based health discussions, provides school health policies and much, much more. She is a person that is always willing to share her school nursing knowledge and expertise with school nurses across the country and beyond.



<http://monmouthcountysna.weebly.com/our-blog/archives/10-2016>



***What do you think has been the most important thing you've accomplished in your career?***

Truthfully, I don't think that I have accomplished it yet, even though, there are many things that I have done in my life. Possibly, other people may view things I have done in a different light, but I believe that any and all things that I have done are what I was supposed to do. I guess if I was to mention something, it would be my ability to provide information, resources and connect with people that ultimately impact the lives of children, families and communities. By providing information to other school nurses, educators and almost anyone that I encounter, they become armed with the tools to affect change for those in their care.

***Looking into the future, what concerns do you have for your profession?***

As our society is aging, so are nurses. I see that there are people entering the field of nursing, but as fast as you can blink an eye, technology and health care are changing.

Nursing is about there being personal (touch) interactions. As we become more digital and there is so much information available, that key aspect of nursing seems to be dwindling. We see it already with some aspects of telemedicine and telehealth. We are having to function in a manner that is not a part of the spirit of being a nurse.

The advancements to the recognition and visibility of the profession is great. There is a push for a national nurse in a governmental position. Nurses are taking legislative positions and even in recent laws, my specific nursing specialty of school nursing is mentioned! At the most trusted profession many years over, nursing overall is making its presence known and thriving. The key is to channel more young people into the profession (male and female) as there are opportunities available for all. Nursing is a dynamic and broad profession that is seen in every aspect of society.







## NJ ASCD Central

*Join us!*

Monday, September 24, 2018 at 5pm

Mini PD: Addressing Chronic Absenteeism

Neptune Board of Education, 60 Neptune Blvd, Neptune, NJ



*How is your school addressing chronic absenteeism?* Chronic Absenteeism is now a required indicator in NJ under ESSA. Come learn from Sheila Caldwell, BSN, RN, CSN-NJ as she peers at chronic absenteeism through the lens of social determinants of health and health equity.

Suburban News

## Arming school nurses for 'Janet's Law'

Updated Mar 29, 2019; Posted May 20, 2014



By [Suburban News](#)

Before you know it, the 2014-2015 school year will be here and so will the effective date for the implementation of "Janet's Law". "Janet's Law", P.L. 2012, Chapter 51 was signed by Governor Christie Sept. 19, 2012.

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Sheila Caldwell, RN, BSN, CSN-NJ (Matawan-Aberdeen Regional School District), a school nurse leader within the state of New Jersey, had heard about Hackensack's School District's "Code Blue" plan, which was developed and copyrighted by Wendy Lamparelli, RN, NJ-CSN, M. Ed. These two school nurses realized that school nurses needed to be educated about the law and added a third nurse to their team, who could review cardiac anatomy and physiology as well as cardiac anomalies, Dawn Tortejada, RN, MSN, PNP-BC, Pediatric Trauma Program Manager at Robert Wood Johnson University Hospital.

# #STANDWITHBLACKGIRLS PANEL

Dr. Kelly Williams,  
DOE Student Support Director

Reenda Brathwaite,  
NEA Assistant Chair

Nicole Pratt,  
SPAN Parent Advocacy

Krystal Serwys,  
YAP - Youth Justice NJ/CRJ

Rev. Dr. Marcia Grayson,  
Moderator

Sheila Caldwell, Organizer  
BSN, CSN NJ

Register!  
[bit.ly/rjpevents](https://bit.ly/rjpevents)  
**PUSHOUT**  
THE CRIMINALIZATION OF BLACK GIRLS IN SCHOOLS  
February 27, 6-8pm  
Trinity Church Gym, Asbury Park NJ

FEB 27

**PUSHOUT - The Criminalization of Black Girls in Schools: Screening and Talk...**

by Racial Justice Project

73 followers [Follow](#)

Free



PUSHOUT: The Criminalization of Black Girls in Schools - ALC '19



# POP-UP CONFERENCE for NJ School Nurses!

THURSDAY, NOVEMBER 5, 2020

9:45 AM—2:00 PM



Raul Castillo,  
Community Education Coordinator  
Prevent Child Abuse - New Jersey

**What School Nurses Need to Know About  
Child Abuse and Neglect during COVID-19**



Pamela Major  
Monmouth County Children's Inter-Agency  
Coordinating Council (CIACC) Coordinator,  
Division of Children and Families

**School Nurse: A Critical Partner in  
Identifying all Aspects of Health**



Frankie Mallis, MA, CSW  
HealthCare Assistance with Member  
Support, INC  
Adjunct Professor Arcadia University

**Stress & Burnout during COVID-19  
The School Nurse: A Link to Staff & Self Wellness**



Sheila Caldwell, BSN, RN, CSN-NJ  
School Nurse

**Host  
&  
Midday Happy Hour—Facilitator**

Register in advance for this event! Limited space!

<https://zoom.us/join/register?u=Mr06vzrouGNhTYu07zrS60ZeePYJUEwh>

After registering, you will receive a confirmation email containing information about joining.

Certificate of Participation will be emailed within 24 hours post event for \*4 hours PD (\*There will be sign in during each session)



SPONSORS







**Program**

- Meet and Greet
- 11:30 am ..... Welcome & Introductions  
Kate Gillespie, NJSNA President  
\*Remarks\*
- 11:45 am ..... Installation of Vice President  
Installation of Secretary
- 11:55 am ..... Installation of NJSNA &  
Region Officers

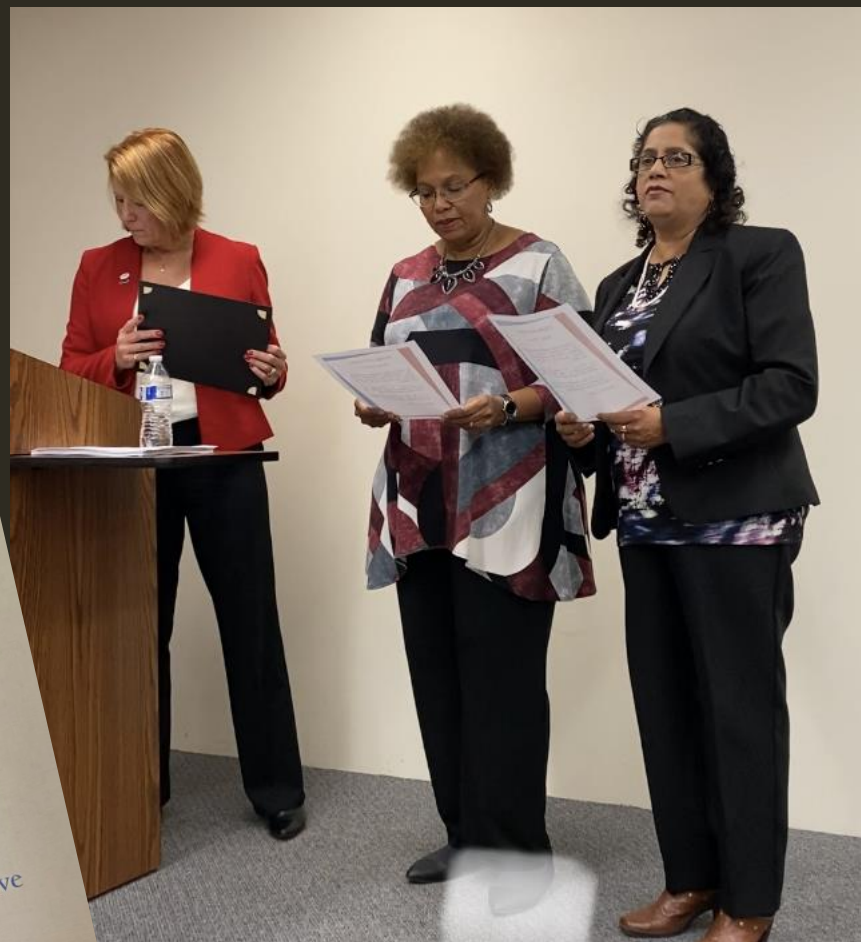
Congratulations to the following on their recent election. Those present, please come forward when I call your name:

**Board of Directors**  
 Regina Adams—Vice President  
 Linda Gural—Secretary  
 Margaret Daingerfield—Director  
 Ann Tritak—Director  
 JoAnne Penn—Director Staff Nurse

**Congress on Policy & Practice**  
 Susan Weaver  
 Umamaheswari (Uma) Venugopal

**Committee on Nominations**  
 Joan Zaccardi  
 Sheila Caldwell,  
 Karen Haber  
 Rachel Koshy

**Membership Assembly Representative**  
 Barbara Chamberlain  
 Norma Rodgers  
 JoAnne Penn



**NJSNA**  
NEW JERSEY STATE  
NURSES ASSOCIATION

**IFN**  
INSTITUTE FOR NURSING

# Installation of Officers 2020

Regina Adams  
Vice President

(1) Watch | Facebook



<https://www.youtube.com/watch?v=TkNOPDF4lk8>

School Nurse Day 2021 - A Thank You From School Health



## INTEGRATED CARE FOR KIDS (INCK)



Hackensack Meridian Health (HMH), in partnership with New Jersey Medicaid, New Jersey Health Care Quality Institute and the Visiting Nurse Association of Central Jersey, has entered into a collaborative agreement with Centers for Medicare and Medicaid Services (CMS) to establish the NJ Integrated Care for Kids (InCK) model. Working with those who provide primary care to children in Monmouth and Ocean Counties, NJ InCK will test an Alternative Payment Model (APM), for NJ Family Care programs, by providing payment for screening and provision of integrated community-based core child health services.



### The Goals of the InCK Model Are:

- ✓ Ensure that all children receive expanded EPSDT (Early Periodic Screening, Diagnosis, and Treatment) care at least annually;
- ✓ Identify children and adolescents who have more complex health, behavioral or social needs; and
- ✓ Provide community-based care management that integrates with the pediatric health system.

NJ InCK's approach emphasizes the development of community-based case management and screening capacity and the use of Advanced Case Management Teams (ACMT) for children and families who are at the highest risk for health complexity. These Teams are structured to wrap around the patient's on-going primary care at a community-based setting and will partner with the family and community organizations to create and implement a comprehensive care plan to meet the family's identified needs. Information sharing amongst all of the patients' health care providers and the Teams will be provided via the development and implementation of a robust health information exchange and population health platform.



**Sheila Caldwell**  
@SCaldwell7201



.@schoolnurses @NJSSNA1 @NewJerseyAAP @njbwpa @NationalMedAssn This is huge! Getting more Mds out of their offices to speak with parents! #Nurses are already out in communities talking. #SchoolNurses an opp for you to connect/collab as well #ParentEngagement



**NationalPTA** ✓ @NationalPTA · Aug 5

We are collaborating with @AmerAcadPeds to bring pediatricians to parent meetings to talk about the COVID-19 vaccine, the new school year and answer questions by doctors who know and treat their children.

Learn more here with new information coming soon [whitehouse.gov/briefing-room/](https://www.whitehouse.gov/briefing-room/)...

2:25 PM · Aug 5, 2021 · Twitter Web App

<https://www.whitehouse.gov/briefing-room/statements-releases/2021/08/05/fact-sheet-biden-administration-announces-additional-actions-to-help-kids-go-back-to-school-safely/>







**Sheila Caldwell**  
@SCaldwell7201

Selected by #NEA for 21-22 school year, "Specialized Instructional Support Personnel (#SISP) Fellowship" opportunity AND Grateful to my district, @MARSDNJ for supporting it! Thank you! 🙏 #4theChildren

10:26 PM · Jun 29, 2021 · Twitter for iPhone



NEA's ESP Quality (ESPQ) department develops, implements and promotes policies and professional supports that enhance the effectiveness of ESPs in meeting the needs of every student. These association-convened and educator-led programs support ESPs throughout their careers to build a culture of professional excellence and student success in public education.