

School Medicaid Stories from the Field: Advancing Health and Education Equity

NEUSHA webinar, part 2, Feb. 10th, 2022

Bio Sketches

Alex Mays, MHS, BA

Alex Mays is the Senior National Program Director at Healthy Schools Campaign and has over ten years of experience working at the intersection of health and education. Her work at Healthy Schools Campaign focuses on policy and program issues at the federal, state and local levels related to school food and fitness, environmental health, health services and education. Currently, she leads Healthy Schools Campaign's work to increase access to school health services and works with states and school districts across the country to expand their school Medicaid programs. She also oversees Healthy Schools Campaign's efforts to support student health and school wellness through implementation of the nation's K-12 education law, the Every Student Succeeds Act. Ms. Mays received her BA in Neuroscience from Pomona College and her Master of Health Science from Johns Hopkins Bloomberg School of Public Health.

Kate Nilsson, MSN, RN, PHN, CPN, Credentialed School Nurse

Katie Nilsson has over 23 years' experience as a Registered Nurse in the areas of: adult surgical-orthopedic medicine, pediatrics in acute care, home health and subspecialty ambulatory clinic settings. Ms. Nilsson is also a registered credentialed school nurse with experience in both general and special education settings. She became a certified pediatric nurse (CPN) in 2011 and obtained her bachelor's degree from University of Phoenix, her School Nurse Credential and master's degree from California State University Sacramento. Ms. Nilsson is currently the Director of Medicaid Compliance for a County Office of Education where she ensures all administrative and direct service requirements are being met for the LEA Medi-Cal Billing Option Program according to the California State Plan and CMS regulations. She also educates and supports several Local Education Agencies throughout California on Medicaid compliance. Ms. Nilsson participates in the California Department of Health Care Services (DHCS) bi-monthly Advisory Workgroup (AWG) meetings. Currently, Katie is serving as president of the California School Nurses Organization (CSNO) Northern Section.

Carilyn Rains, MEd, BSN, RN

Carilyn Rains has 24 years' experience in the specialty practice of School Health. She is currently the Director of School Health Services for the Plymouth Public Schools. Previous to her role in Plymouth, Carilyn spent 6 years in the role of Nursing Supervisor for the Sandwich Public Schools; she also worked for the Marshfield Public Schools as a school nurse at the high school level for 11 years. Prior to entering the specialty field of School Health, Carilyn worked in Women's Health as a labor and delivery room nurse and childbirth educator for over 15 years. Additionally, she currently serves on the Plymouth Youth Development Collaborative (PYDC), the Plymouth School Health Advisory Board, where she serves as Chair, and on the Human Rights Committee for The Arc of Plymouth and Upper Cape Cod. Carilyn is a member of the MA Department of Public Health's Concussion Advisory Board, the MA Concussion Management Coalition (MCMC), the National Association of

School Nurses (NASN) and the Massachusetts School Nurse Organization (MSNO) where she is now currently on the Board of Directors representing MA with the National Association of School Nurses.

Carilyn has a BSN from Northeastern University and received her M.Ed from Cambridge College. She has also completed a postgraduate Educational Leadership Program at Bridgewater State University which credentialed her to receive licensure as a Supervisor/Director from the MA Department of Elementary and Secondary Education (DESE). Her articles on *Concussion Management* and *Medical Emergency Planning* have been published in the *NASN School Nurse*, a SAGE Publication of NASN.

Eva Stone, DNP, APRN-BC

Eva Stone is the Manager of District Health for Jefferson County Public Schools in Kentucky and is an adjunct assistant professor with the University of Kentucky College of Nursing. She has worked in public school health for 20 years where she has experience supervising nursing as well as other student support programs. Dr. Stone has successfully advocated for Kentucky to amend the state Medicaid plan to allow for expanded billing for school health services to help increase access to care for children. She earned her bachelor's degree in Nursing from West Virginia University & her master's and doctorate degrees from the University of Kentucky. Dr. Stone is passionate about the need to address health to ensure students are ready to learn and to increase educational outcomes for children as a measure to improve their long-term health.