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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Flowers of the Month: Daisy and Sweet Peas 	Stress Awareness Month Sexual Assault Awareness Month Child Abuse Awareness Month	National Month of Hope National Garden Month National Volunteer Month	Autism Awareness Month Prevention of Cruelty to Animals Month National Humor Month		Have Trivia with each other. FUN DAY International Fun at work Day	Ensure you hydrate with water, get exercise, and get plenty of sleep. Start a weekly regime.
3	4	5	6	7	8	9
Invite some friends or family over for a small get-together.  World Party Day	Are you avoiding something? Today is the day to do so. National Walk Around Things Day	Order or bake a deep-dish pizza.  National Deep-Dish Pizza	Take a nice walk.  National Walking Day	Start a healthy habit.  World Health Day	Sit in your backyard, and listen to the birds.  National All is Ours Day	Order Chinese take-out.  National Chinese Almond Cookie Day
10	11	12	13	14	15	16
Call your sibling and tell them you care.  National Siblings Day	Love on your pet.  National Pet Day	Make a fantastic grill cheese for dinner.  National Grilled Cheese Sandwich Day	It is okay to ask for help if you need it.	Start your spring garden.  National Gardening Day	Watch an inspiring movie.  Admit One	Use a <i>Shower Steamer</i> with your hot shower. 
17	18	19	20	21	22	23
Family time.  EASTER	Read about one world UNESCO site.  World Heritage Day	If you are on spring break, stay in your PJs.  Wear to Pajamas Day	Recite a positive affirmation each morning.  AFFIRMATIONS	Have a cup of tea, go crazy and try a new flavor.  National Tea Day	Wear green and try environmentally friendly living.  Earth Day	Enjoy the sunshine and pack a picnic.  National Picnic Day
24	25	26	27	28	29	30
Get your beauty sleep. 	I have never made zucchini bread; let us try it.  National Zucchini Bread Day	Organize a part of your home.  Get Organized Day	Thank your boss.  Administrative Professional Day	Be grateful for someone in your life. They have won the fight against cancer. <i>Wind Beneath My Wings</i> By Bette Midler National Braveheart Day	Turn it up! "Good Times" by Chic.  International Dance Day	Life will get better. Play the song: I hope you dance by Lee Ann Womack National Kiss of Hope Day