



## Strategies for Addressing Challenges related to Student Anxiety, Technology and AI Impact, and Recently arrived Refugee and Immigrant Students and Families

8th Annual Voting Day Conference - In person & live streaming  
Boxboro Regency Hotel & Conference Center, 242 Adams Place, Boxboro, MA 01719

November 7, 2023

As a result of participating in this conference, participants will be able to:

1. Identify strategies to assist students who are anxious.
2. Recognize ways in which technology and AI are impacting our youth
3. Identify challenges, opportunities, resources available for recently arrived refugee/immigrant students & families

**7:30 am Full Breakfast & Exhibitors**

**8:30 Welcome**

**8:45 Strategies for Anxiety Management at School**  
Bridget Matte, MEd, LSW, CTTS, CGP, CCATP-CA

**10:00 Break & Exhibitors**

**10:30 Technology Addiction and AI, OH MY!**  
John Kriger, MSM, BS

**11:15 To use AI or not: Is that the Question?**  
Erin Maughan, PhD, MSN, RN, PHN-BC, FNASN, FAAN

**12:30 pm Lunch & Exhibitors**

**1:00 Perspectives on Challenges and Opportunities for Newly Arrived Refugees and Immigrant Students & Families**

Jessica Lander, MEd, BA (Teacher, Author, Co-Founder, We Are America Project)  
Kasey Dillon, DScPAS, PA-C (Director of Outreach, WelcomeNST)  
Brenda Lormil, MSN, FNP-C (Founder, Haitian American Medical Association)  
Cathryn Hampson, MSN, RN, NCSN (President, MA School Nurse Organization)  
Danielle Gallan, MSN-PH, RN (Supervisor, Stoughton Public Schools Health Services, MA)  
Ellen McCabe, PhD, RN, PNP-BC (Assistant Professor, Researcher, School Nurse)  
Sheryl Bennett, MSN, RN, NCSN, LSN (DNP Student, Clinical Instructor)

**3:00 pm Closing & Code for accessing online evaluation: \_\_\_\_\_**

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None of the planners or presenters for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

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