

8th Annual Election Day Conference for School Nurses and School Health Professionals

Nov. 7, 2023

Speakers

Sheryl Bennett MSN, RN, NCSN, LSN

Sheryl is a graduate student pursuing a Doctor of Nursing Practice in Population Health at the University of Wisconsin-Madison. She is actively involved in projects advocating for improved healthcare outcomes for vulnerable populations by leveraging school nursing to address societal health inequities. As a nationally certified school nurse, Sheryl focuses on addressing social determinants of health in the K12 educational setting, implementing systems-level innovations to improve continuity of care and interprofessional collaboration, and advocating for Medicaid reimbursement for sustainability in school health services. Additionally, she serves as a clinical instructor at the University of Nevada, Reno. Sheryl is committed to advancing healthcare equity, supporting the practice of school nursing, and improving population health outcomes.



Kasey Dillon, DScPAS, PA-C

Dr. Kasey Dillon is an Assistant Professor in the Master of Physician Assistant Studies Program at MCPHS University. Kasey has earned a Bachelor of Science degree from the University of New Hampshire in Occupational Therapy and a Master of Science degree in Physician Assistant Studies from A.T. Still University of Health Sciences. She also earned her Doctor of Health Sciences degree from MCPHS University in 2020 with a focus in global health. She has 20 years of clinical experience as a nationally certified Physician Assistant with a specialty focus in Emergency Medicine and has earned a specialty certification of added qualification in emergency medicine from the national accreditation board. Kasey is currently working as a Physician Assistant at a large community hospital in Dover NH in the emergency department as well as contributing as a full-time faculty member at MCPHS University. Dr. Dillon serves as the Director of Outreach for WelcomeNST, a national non-profit organization that matches refugee families seeking asylum in the United States with neighborhood support teams (NST), by engaging the private sponsorship refugee resettlement pathway. She has led 3 neighborhood support teams, welcoming 5 refugee families to New Hampshire, in the past 2 years. Dr. Dillon is a recognized speaker in this field of work, presenting at numerous national conferences and has been a guest on multiple podcasts. Kasey is the co-founder of Four Rivers Project and Four Rivers Church, both based in Durham, New Hampshire where she lives with her husband and 3 teenage children.



Danielle Gallon, MSN-PH, FNP-C

Danielle is the Director of Health Services for Stoughton Public Schools. Her education includes a Master of Science in Nursing with a concentration in Public Health and most recently passing the APRN exam after completing the Family Nurse Practitioner Post Master's Certificate Program at UMass Boston. Living and working in Stoughton, she is truly committed to the physical and emotional health of the community that she serves. As a member of her district's newcomer response team, Danielle worked to coordinate with local and state resources, advocate for the gaps in basic needs for the newcomer families, and provide guidance to support the overall wellbeing of the new Stoughton families.



Cathryn Hampson, MSN, RN, NCSN

Cathryn Hampson received her Masters of Science in Nursing from St. Joseph's College of Maine and her Bachelors of Science in Nursing from Fitchburg State University. She has over 30 years' experience as a nurse, with more than 20 of those in school nursing. She has worked in hospital, community and school settings throughout New Mexico, South America and New England. She is currently the Supervisor of Health Services with the North Middlesex Regional School District, as well as a nurse educator for school mass casualty response. Cathryn currently serves the Massachusetts School Nurse Organization (MSNO) as President. She has also served as President-Elect, Region 6 Chair and is a presenter for NASN's School Nurse Emergency Triage Training (SETT) Program. She is on the Children's Mental Health Task Force with the Massachusetts Chapter of the American Academy of Pediatrics', as the MSNO Liason. Cathryn resides near the base of Mount Monadnock with her husband, Doug. She enjoys being part of a large, blended family with 4 children, 3 step-children, 7 grandchildren and 4 "fur-babies".



John Kriger MSM, LCADC, CPS

John is a nationally and internationally recognized keynote and content expert speaker, author, and consultant. He has been a frequent guest on radio and TV and is a sought-after speaker for state and national conferences. A frequent NASN conference speaker for the past six years, he provided the opening keynote speech at the 2014 NASN Conference in San Antonio, TX. As the President of Kriger Consulting, Inc., John specializes in the health services arena, speaking and consulting on Tech Dependence, Public Speaking to Improve Advocacy, and Transformational Leadership. He currently writes and speaks extensively on technology dependency and its impact on anxiety, depression, violence, and suicide. A 10 yr. faculty member at the Johnson & Johnson and Rutgers School Health Leadership Institute, he is a 25+ year faculty at the Rutgers Center for Alcohol Studies, the Rutgers University School Of Social Work Office of Continuing Education. He is also a former Visiting Professor at Beijing Normal University in Beijing, China. John is the author of, *The Pond: A Small Book About Making Big Changes* and *Turned On & Tuned Out: A Guide to Understanding Technology Dependence*. He is currently in the process of writing his third book on the impact of technology on mental health, violence, suicide and predatory behavior. He holds a Bachelor of Science Degree in Human Services, a Master of Science Degree in Management and is a NJ Licensed Clinical Alcoholism and Drug Abuse Counselor, and a Nationally Certified Prevention Specialist.



Jessica Lander, MA, AB

Jessica Lander is an award-winning teacher, writer and author. She teaches history and civics to recent immigrant students in a Massachusetts public high school and has won numerous awards for her teaching, including being named the 2023 Massachusetts History Teacher of the Year, presented by the Gilder Lehrman Institute of American History; a 2023 MA Teacher of the Year Finalist, presented by the Massachusetts Department of Elementary and Secondary Education; and a Top 50 Finalist for the Global Teacher Prize in 2021, presented by the Varkey Foundation. Jessica writes frequently about education policy and teaching. She is the author of *Making Americans: Stories of Historic Struggles, New Ideas, and Inspiration in Immigrant Education*, a coauthor of *Powerful Partnerships: A Teacher's Guide to Engaging Families for Student Success* and the author of *Driving Backwards*.



Brenda Lormil, MSN, FNP-C

Ms. Lormil currently serves as the Equity Nurse Practitioner at the Massachusetts General Hospital Cancer Center in Boston MA. In her role she spends parts of her clinical hours providing patient-centered care to patients who are actively receiving treatment on a Phase 1 Clinical Trial. Her role also provides the unique opportunity to work alongside colleagues and other passionate members of the MGH community to find sustainable solutions to equitable access and quality delivery of care to some of the most vulnerable populations affected by cancer. Ms. Lormil's devotion to improving access to care has allowed her work to stretch beyond the walls of MGH. Raised by two Haitian immigrants, Ms. Lormil has personally witnessed the many challenges immigrant populations face when attempting to navigating our complex healthcare system. As the Founder of the Haitian American Medical Association (HAMA), Ms. Lormil and her team are on a mission to provide culturally specific health education through strategic and innovative delivery - with a goal to improve the health literacy and health outcomes of the Haitian community. Since its launch in 2017, HAMA has impacted over 3,000+ Haitian individuals and families through health education workshops, community events, and yearly academic scholarship opportunities. The HAMA team is comprised of 42 volunteers across 5+ states. Of her many hats, Ms. Lormil thoroughly enjoys her role as lead consultant of VDI Consulting. This platform has allowed her to compile her 2+ decades of experience and skill sets to support companies, organizations, and individuals with projects that mainly focus on improving health care diversity, delivery, and access. Ms. Lormil is an alumnus of Regis College in Weston, MA where she obtained her Bachelor of Science degree in Nursing in 2011, and her Master of Science in Nursing in 2015. She partnered with Northeastern University School Health Academy Directors Gormley and Hassey to present a poster, Continuing nursing education for Haitian immigrant student health and family communication: A quality improvement project, at the 2019 School Nurse International Conference in Stockholm, Sweden.



Bridget Matte M.Ed., LSW, CTTS, CGP, CCATP-CA

Ms. Matte has worked at the Doctor Franklin Perkins School (DFPS) in Lancaster, MA for over 20 years. She currently serves as Clinical Director for the Day School Program and works with grades 1-12, as well as those in the Adult Transition Program. Ms. Matte holds certifications in Child & Adolescent Psychotherapy, Trauma Treatment, Compassion Fatigue, Grief Counseling, and Child/Adolescent Anxiety Treatment. She is also a School Suicide Prevention Specialist and QPR Gatekeeper Instructor. The book 'Anxious Kids/Anxious Parents' has greatly informed and inspired Ms. Matte's work with anxiety management.



Erin Maughan, PhD, MS, RN, PHNA-BC, FNASN, FAAN

Dr. Maughan is an associate professor in the School of Nursing at George Mason University. She has over 22 years of experience working in school health as a frontline school nurse, the state school and adolescent school nurse consultant for the Utah Department of Health, and as a school nurse researcher. As the former Director of Research at the National Association of School Nurses she co-led the development of a national uniform data set for school nurses, identification of school nurse indicators, and the creation of NASN's Framework for 21st Century School Nursing Practice™. She also is the Executive Director of Center for School Health Innovation & Quality. Throughout her career, Dr Maughan has studied and provided consultation on issues related to school-age children and school nurse staffing. Dr Maughan is a Fellow in the National Academy of School Nurses and American Academy of Nursing. Dr. Maughan is certified as an advanced public health nurse; was a Johnson and Johnson School Health Fellow, and is a Robert Wood Johnson Foundation Executive Nurse Fellow alumni (2013 cohort). Her career is dedicated to children's health, especially those living in vulnerable situations.



Ellen McCabe, PhD, RN, PNP-BC

Dr. McCabe is an assistant professor at the Hunter-Bellevue School of Nursing at Hunter College in New York. Ellen has a passion for gaining a greater understanding and working toward improving public health. She has worked as a school nurse, a pediatric nurse practitioner, and a staff nurse. As a community health researcher, Ellen recognizes the talent and skillset required to leverage science to inform public policy. Ellen's current research interest involves school health, school nurse workload and chronic illness management in the school setting.

