

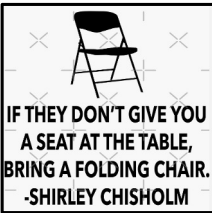
Leadership: Taking Your Place at the Table

Lynn Nelson RN, MSN, NCSN

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Learning Outcomes

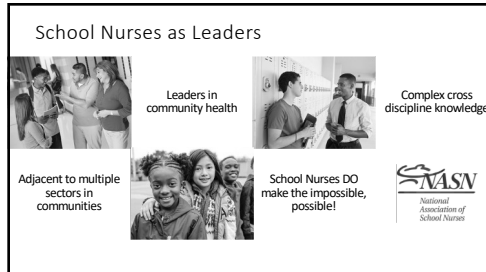
- Articulate your why
- Identify your current spheres of influence
- Identify all of the areas where you currently lead
- Identify one or more aspirational leadership goals
- Identify what you need to get you to your leadership goals
- Take your place at the table!



**IF THEY DON'T GIVE YOU
A SEAT AT THE TABLE,
BRING A FOLDING CHAIR.
-SHIRLEY CHISHOLM**

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School Nurses as Leaders



Leaders in community health

Complex cross discipline knowledge

Adjacent to multiple sectors in communities

School Nurses DO make the impossible, possible!

NASN
National Association of School Nurses

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“

The increased variety of perspectives and experiences that diverse leadership brings to NASN will boost innovation and the impact of our work and will enhance the organization's ability to attract and retain leaders and members.

”

- NASN DEI TASK FORCE CHARTER

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What is your WHY?

- ☐ Know your purpose
- ☐ WHY do the job you do? What is your belief?
- ☐ HOW do you fulfill your why? What makes you different from other employees?
- ☐ WHAT do you do to fulfill your belief (your why)?

**START
WITH
WHY**

**FIND
YOUR
WHY**

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Activity

Find your WHY (the short version):

WHY do you do it? ("I believe...") _____

HOW do you do it? (programs, processes)

WHAT do you do? (title/role, job responsibilities)

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Spheres of influence

- ☐ National: NASN, ANA, political engagement
- ☐ State: public health, nursing organizations, legislative
- ☐ County: public health, county government
- ☐ Community: church, youth groups or activities, clubs, volunteer
- ☐ School: health room, committees, extracurricular, staffing, budget
- ☐ Home/Family: budget, scheduling,

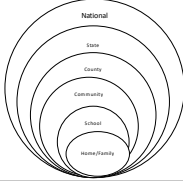
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Activity

What are your current spheres of influence?
Where do you currently lead?

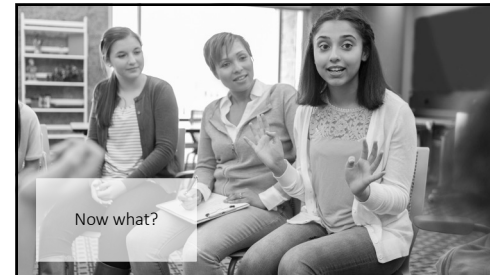
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Activity




What are potential opportunities within these spheres of influence?
Brainstorm ideas. Make them big and audacious!

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Pillars of Effective Nursing Leadership

 Compassion	 Collaboration
 Advocacy	 Resilience
 Continuous Learning	 Inclusivity

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Compassion

- Heart
- Compassionate Care
- Intention to be of benefit



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Advocacy

- Student health and well being
- Use your voice
- Self advocacy
- Individual advocacy
- Systems advocacy

“Nurses are in a unique position to have an impact on policy and need to be at the table to improve the health of our nation”

-Joan O'Hanlon Currey & Evelyn G. Duffy, 2022

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Continuous Learning

- Self Awareness
- Growth Mindset
- Identify what you need to get you to your leadership goals
- Know your resources
- Internalize learning with practice



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Collaboration

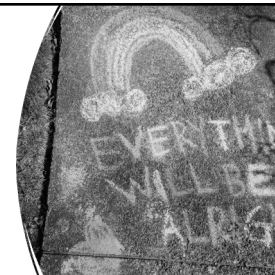
- Why collaborate?
- Benefits to project
- Benefits to organization or community
- Benefits to individuals
- Keys to effective collaboration



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Resilience

- Know your WHY
- Recognize & celebrate your successes
- Purposefully foster your own wellbeing
- Goal is growth, not just survival!



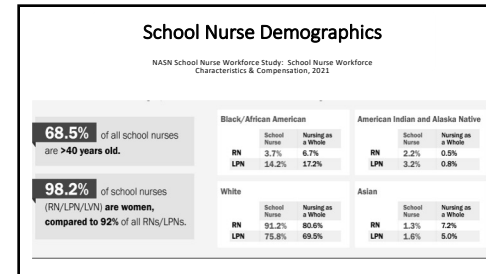
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Inclusivity

- Welcome, inclusive environment
- Sense of belonging for all
- Benefits of inclusivity
- Where can we make a difference?



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STRATEGIC PLAN 2023-2026

The NASN vision is that all students are healthy, safe, and ready to learn.

The NASN mission is to optimize student health and learning by advancing the practice of school nursing.


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CORE VALUES


Student Well-being	Ethics	Leadership	Integrity
Diversity, Equity & Inclusion	Innovation	Excellence	Scholarship

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GOAL 1: ENGAGE school nurses in 21st Century Practice




Advocate for environments that allow school nurses to practice at full scope and to prioritize school nurse wellbeing, resulting in positive student outcomes.



Equip school nurses and NASN affiliate organizations with evidence-based resources, tools, and programs focusing on diversity, equity, and inclusion.

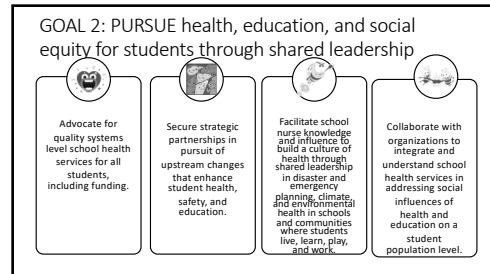


Facilitate school nurse expertise by addressing population health; assessing social determinants of health; accessing evidence-based literature; using technology and advancing student health equity.

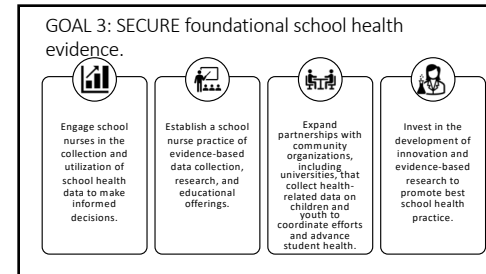


Promote and advance the *National School Health Data Set: Every Student Counts!*

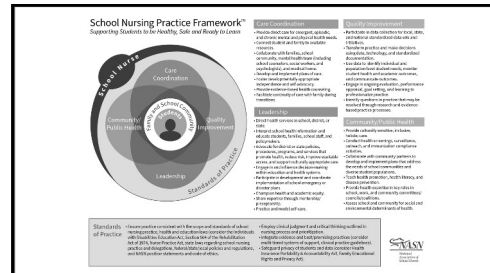
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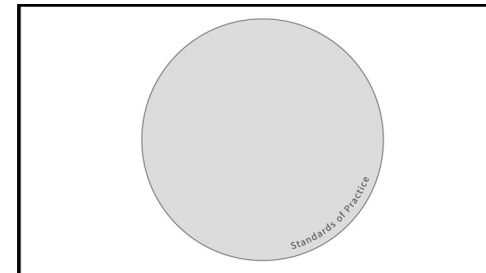
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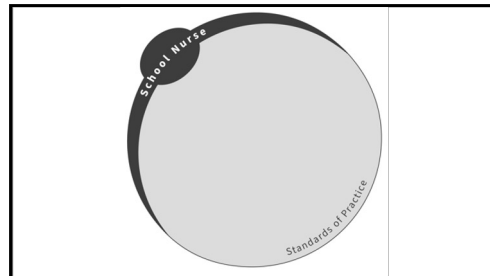
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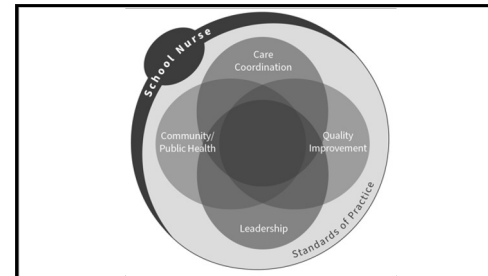
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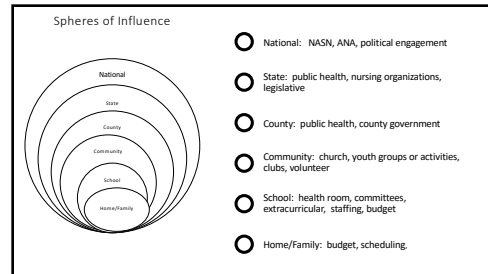


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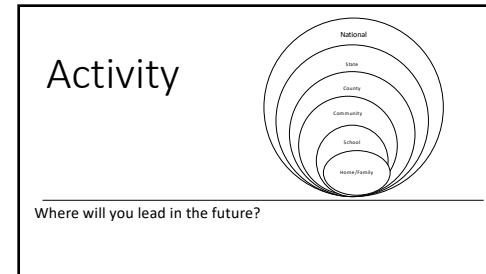
Bringing your Best Leadership Self

- | | |
|--|---|
|  Center your leadership on Compassion |  Make sure all voices are lifted |
|  Find your voice |  Take responsibility for your own well being |
|  Stay curious – Never stop learning |  Be inclusive and open minded |

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Bring your own dang chair!

School nurses synthesize complex knowledge around health care, public health, social determinants of health, change theory and leadership. We can, should, and *must* take our places as health care leaders in the communities where we live and work.

In order to do that, sometimes we must take the initiative to identify the tables we need to be at and bring our own chairs!

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School Nurses DO make the impossible, POSSIBLE!

Leaders in community health

Complex cross discipline knowledge

Adjacent to multiple sectors in communities

School Nurses DO make the impossible, possible!

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References



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