



**NEUSHA 2024 Summer Academy:  
Cultivating Hope & Kindness in Your School Nursing Practice**

**Pre-Conference Mentoring Workshop**

Aug 6, 2024, 1:30 - 4:45 pm  
Hotel 1620 Plymouth Harbor, 180 Water St. Plymouth, MA

**Workshop Facilitators:** Karen Rufo, MS, PPCNP-BC and Stacey Schakel, MSN, M.Ed., CAGS, RN, NCSN

As a result of this workshop, 80% of participants will identify new learning or skills that they can apply to their school nursing practice. Specific learning outcomes will be shared by each presenter.

3.0 contact hours provided by the Northeastern University School of Nursing, accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). In order to obtain contact hours, participants need to participate in the full workshop, missing no more than 5 minutes per hour, and complete an online evaluation within 2 weeks of the conference end.



At this time, planners and presenters have no relevant financial relationships to declare within the past 24 months. No commercial support was received for this workshop.

**Learning Outcomes.** By the end of this workshop, the learner will be able to:

1. Describe 3 important reasons for establishing the mentor-mentee relationship
2. State 3 ways in which the mentor can support their mentee.
3. Identify 3 behaviors/practice areas that mentors should look for when observing their mentees in the health office
4. Describe 3 supports for mentoring new school nurses
5. Identify 3 essential elements of a Mentoring Handbook
6. Modify provided handbook template to match the needs of their schools/school districts.

**Assessment:** discussion, handbook drafts sharing out, on-line evaluation

**Activities:**

1:30 Introductions, Expectations  
Mentor-mentee relationship  
3:00 Break (10 min)  
Mentoring Handbook  
4:40 Wrap up