

## **NEUSHA Annual Voting Day Conference November 4, 2025**



### **Manifestations of Youth Mental Health Challenges: Supporting Students at risk for Online Gambling, Eating Disorders and School Violence**

This conference is an excellent learning opportunity for School Nurses, Counselors, Teachers, and Administrators supporting students. Join us for supporting our youth with challenges such as online gambling addiction (especially males), eating disorder updates and resources and school violence fears.

#### **Meet the Speakers:**

##### **Online Gambling**



**Mark Gottlieb, JD**

Executive Director of the Public Health Advocacy Institute (PHAI) and teaches Public Health Advocacy at Northeastern University School of Law

Mark Gottlieb, JD is a public health and research attorney who has worked in the field for over 30 years. He is the executive director of the Public Health Advocacy Institute (PHAI) and teaches Public Health Advocacy at Northeastern University School of Law. Professor Gottlieb's primary professional focus has been on legal and regulatory interventions to reduce the morbidity and mortality associated with tobacco industry products. In recent years, he has also focused on predatory gambling, gun violence prevention, and food policy. His litigation work includes tobacco personal injury cases, challenges to online gambling marketing practices, e-cigarette consumer protection actions, and the defense of health regulations through PHAI's Center for Public Health Litigation.

## Online Gambling



**Harry Levant, LP.D, MA PCC, ICGC-I**

Director of Gambling Policy with the Public Health Advocacy Institute at Northeastern University, Primary Therapist and Internationally Certified Gambling Counselor (ICGC-I)

Harry Levant, LP.D, MA PCC, ICGC-I is a gambling and substance disorder counselor and advocate for Ethical Gambling Reform and public health policy. He serves as the Director of Gambling Policy with the Public Health Advocacy Institute at Northeastern University, where he is leading the movement to bring public health reform and regulation to the gambling industry. Harry is a member of numerous professional organizations, including the American Counseling Association, Pennsylvania Counseling Association, Chi Sigma Iota Honor Society of Professional Counseling, and Lawyers Concerned for Lawyers of Pennsylvania. He holds a doctorate in law and public policy from Northeastern University and a master's in professional counseling from La Salle University.

## Eating Disorder



**Seda Ebrahimi, Ph.D.**

Founder and Director of the Cambridge Eating Disorder Center (CEDC)

Seda Ebrahimi, Ph.D. has been working in the field of eating disorders since 1986. She began her career as a pre-doctoral intern at Brown University's internship consortium and continued on to become an assistant clinical professor after a year of postdoctoral fellowship in the field of eating disorders. Subsequently, she worked as the Director of the Eating Disorders Research Program at Butler Hospital, the Director of the Eating Disorders Treatment Program at McLean Hospital and has been an Instructor of Psychiatry at Harvard University. She continues to provide clinical education to professionals at conferences and training locally and nationally. Dr. Ebrahimi is a member of the Academy for Eating Disorders, International Association of Eating Disorder Professionals and American Psychological Association. She is also involved in patient advocacy on a local and national level.

## School Violence



**Annie Slease, M.Ed.**

Cofounder/CEO of the Mental Health Literacy Collaborative  
Sandy Hook Promise Leader

Annie Slease, M.Ed., is the Cofounder and CEO of the Mental Health Literacy Collaborative (MHLC). [www.themhlc.org](http://www.themhlc.org) When her 18-year-old's crisis first emerged in 2010, Annie was a classroom teacher unaware of mental health literacy. In the wake of the Sandy Hook Elementary tragedy in December 2012, she launched the blog Still Hopeful Mom, sharing her family's story about near-suicide loss involving a firearm. Through her writing, she explored the challenges of parenting through mental illness and navigating both the behavioral health and prison systems. In 2015, Annie connected with Sandy Hook Promise and began presenting their school programs in early 2016. She repurposed her 25-year teaching career into full-time mental health advocacy in 2017. Since then, she has served state and national spaces, raising awareness, addressing gaps, and championing upstream solutions. In 2023, after serving as Director of Advocacy and Education at NAMI Delaware and as Strategic Manager of Mental Health Initiatives at the University of Delaware's Center for Disabilities Studies, Annie co-founded the Mental Health Literacy Collaborative (MHLC). In addition to her role with MHLC, Annie continues to serve her home state of Delaware as a board member of the Delaware School-Based Health Alliance, a core team member of the Delaware Recovery Ready Workplace Initiative, a community advisor for Delaware's CCBHC project, and an appointee of the Governor to the Delaware Behavioral Health Consortium. Annie is a mother, grandmother, wife, educator, and advocate, and a proud citizen of the Citizen Potawatomi Nation.